



PATH TO DISASTER READINESS

HOW TO PLAN

Almost everyone makes better plans when they have help. This booklet helps people plan together. You can use it to give help to someone who needs to plan for emergencies, or get help as you plan to protect yourself, your family, and others.

Why do you need to plan? Normal emergency responses from hospitals, police and fire departments won't be enough in a big hurricane or other disaster. Calling 911 won't help if all the responders are already busy or can't reach you. Officials now say you have to be able to shelter yourself without outside help for at least three days, or be ready to evacuate to another area on your own.

In a big disaster, most people want their family, friends, close neighbors, and pets to be safe, too. And that means planning and practicing in advance.

But you don't have to go it alone. (Most people don't even start planning if they have to plan alone.) The steps in this booklet will get you started. As you go through the steps you will complete very important actions for getting prepared, both for yourself and those you care for.

One of the best results of starting is that you make being prepared a habit that stays with you and helps you and those you care for be more ready for whatever life throws your way.

If you keep this planning document in a visible spot in your house it will remind you to do the planning activities that keep you ready for disasters.

You've already begun. Follow the path to keep planning.

RESOURCES:

Maryland Department of Disabilities (MDOD)
www.mdod.state.md.us
800-637-4113 V/TTY

Maryland Department of Health and Mental Hygiene (DHMH)
www.dhmh.state.md.us
877-463-3464; 800-735-2258 TTY

Maryland Emergency Management Agency (MEMA)
www.mema.state.md.us
877-MEMA-USA (636-2872); 410-517-5604 TTY

Maryland Department of Aging
www.mdoa.state.md.us
800-243-3425

Maryland Relay
www.mdrelay.org
800-552-7724 V/TTY

Federal Emergency Management Agency (FEMA)
www.fema.gov
800-621-FEMA (3362); 800-462-7585 TTY

U. S. Department of Homeland Security
www.ready.gov
202-282-8000; 202-447-3543 TTY

Citizen Corps
www.citizencorps.gov

Centers for Disease Control and Prevention (CDC)
www.cdc.gov
800-311-3435

American Red Cross
www.redcross.org
1-800-REDCROSS (733-2767)

Center For Disability
and Special Needs Preparedness
www.disabilitypreparedness.org
202-338-7153



Maryland Department of Disabilities

217 East Redwood Street
Suite 1300
Baltimore, Maryland 21202
V/TTY: 410-767-3660
V/TTY: 800-637-4113
Fax: 410-333-6674

www.mdod.state.md.us



Center For Disability and Special Needs Preparedness

1010 Wisconsin Ave, NW
Suite 340
Washington, DC 20007
Ph: 202-338-7153
Fax: 202-338-7216

www.disabilitypreparedness.org

ALTERNATIVE FORMATS OF THIS DOCUMENT ARE AVAILABLE UPON REQUEST.

This document was prepared under a grant from FEMA's National Preparedness Directorate (NPD), United States Department of Homeland Security. Points of view or opinions expressed in this document are those of the authors and do not necessarily represent the official position or policies of NPD or the Department of Homeland Security.

NAME:

ASSISTED BY:

DATE:

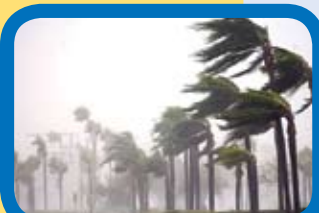


PATH TO DISASTER READINESS

PLANNING BOOKLET

WHAT DISASTERS?

CHECK ALL THAT APPLY TO YOU



HURRICANE



POWER FAILURE



TORNADO



NUCLEAR PLANT



FLU



INDUSTRIAL FIRE

PEOPLE WHO CAN HELP

FAMILY & FRIENDS



FAITH-BASED & OTHER GROUPS



EMERGENCY SERVICES



MY CONCERNS:

HOW YOU GET INFORMATION AND WARNINGS



TELEVISION



RADIO



PHONE



COMPUTER

OTHER

AND STAY IN TOUCH



FRIEND



CELL



TEXT & EMAIL



PLACE TO MEET

OTHER

WHAT YOU NEED TO SHELTER AT HOME



FOOD & WATER



MEDICATIONS



LIGHT



FIRST AID



OTHER SUPPLIES

OTHER

AND IF YOU HAVE TO EVACUATE



CASH/CREDIT CARDS



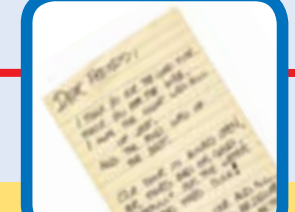
I.D./IMPORTANT PAPERS



SERVICEANIMAL/PETS



CELL PHONE/CHARGER



LEAVE A NOTE

OTHER

WHAT TO DO WHEN YOU RETURN HOME

1 Check your home to make sure it is safe, including your utilities.

2 Contact family, friends and relief network.

3 Apply for disaster support if needed.

WHERE YOU GO



FRIENDS



HOTEL



PUBLIC SHELTER

OTHER

HOW YOU LEAVE



VAN



CAR



BUS



TRAIN